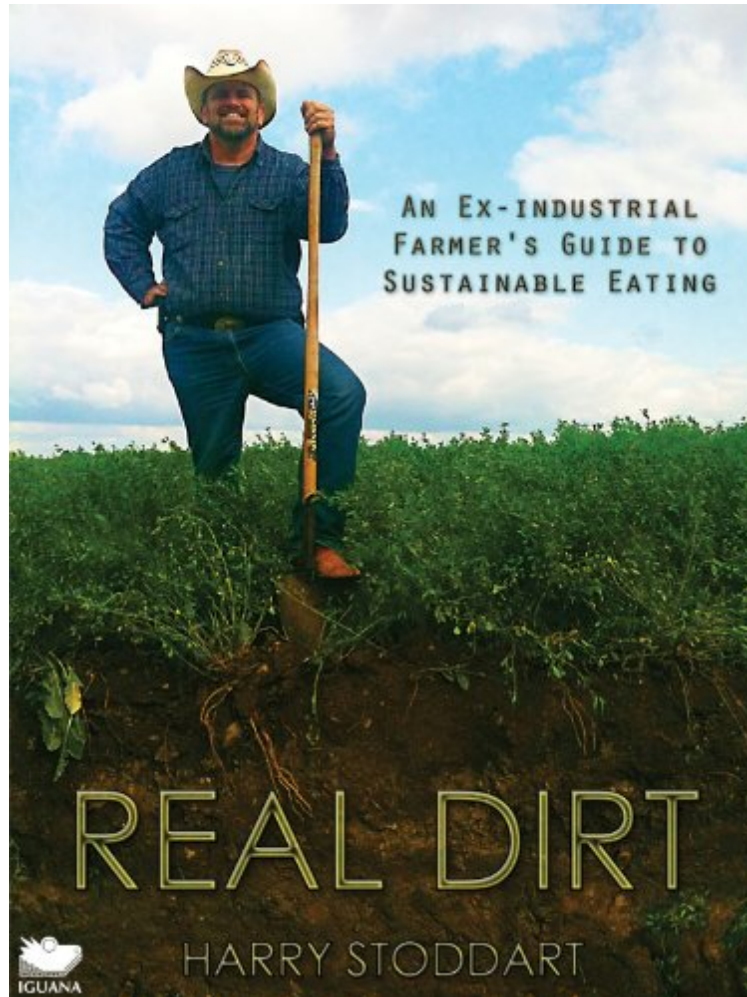


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Real Dirt: An Ex-industrial Farmer's Guide to Sustainable Eating

Harry Stoddart

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Harry Stoddart : Real Dirt: An Ex-industrial Farmer's Guide to Sustainable Eating before purchasing it in order to gage whether or not it would be worth my time, and all praised Real Dirt: An Ex-industrial Farmer's Guide to Sustainable Eating:

0 of 0 people found the following review helpful. The truth in agricultural economicsBy Phillip TEye opening view of the world through Harry's eyes. If people read this book and start making simple changes in their lives big agricultural companies would tumble and you as an individual would have healthier food choices.Harry brings up aspects that the average person rarely thinks about when buying food at the supermarket such as how soil erosion caused by the farmer that produced the food. He even addresses the desert of California being an agricultural hot spot. How can it even make since to grow food in the desert? He asks those questions and makes solid claims based that are difficult for anyone to rebuke.0 of 0 people found the following review helpful. Changed my LifeBy Peg HaneyThis book far exceeded by expectations. He explained so many things we hear about regularly now, like GMO, pesticides, commercial fertilizer,

etc. but aren't ever clearly defined. My eyes were opened so much, I am considering a complete career and life-style change. 0 of 0 people found the following review helpful. Five Stars
By Mike Santee
Great read. Informative and entertaining.

Real Dirt is a groundbreaking book for any reader interested in learning more about where food comes from. Harry Stoddart shares years of experience and knowledge in his quirky dissection of agriculture and what we eat. Among his many achievements, he has developed a farming system he believes is the starting point for genuinely sustainable agriculture. A sixth-generation farmer, Harry bought his parents' swine confinement animal feeding operation two decades ago. He converted the farm to be a certified organic system and then to a new one he feels will transform the way we raise and grow our food. He shares this story and more with readers in *Real Dirt: An Ex-industrial Farmer's Guide to Sustainable Eating*. Harry tackles the major food industry problems, delving into the science and economic issues surrounding sustainable farming. He navigates the "whys" and "hows" of GMOs, resistance-building doses of antibiotics, pesticides, and confinement animal housing, while elaborating on how he damaged the environment more in his first years as an organic farmer than as a conventional farmer. Harry skillfully educates eaters about how they can individually participate in and demand sustainable agriculture. *Real Dirt* challenges consumers to choose a better future for food production. "I found it very persuasive on many points. Also well written and clear and funny. Congratulations-- it's an important contribution to the conversation."- Michael Pollan, Author of *Cooked: A Natural History of Transformation* (2013) and New York Times bestseller *Food Rules: An Eaterr's Manual* (2010) "The most important person to read the message contained in these pages is every consumer, and that's you! Your life will be better for it... You may be shocked but you won't be disappointed."- Elwood Quinn, *La Ferme Quinn, Rare Breeds Canada* "[*Real Dirt*] provides the casual reader with a thoughtful and deeper understanding as to how society can have an impact on the way our food is produced... Read it - you will be informed, entertained and find a personal role for your involvement in our food production practices."- Dr. Frank Ingratta, Retired Deputy Minister of Agriculture, Food and Rural Affairs, Ontario "Real Dirt is a thoughtful and well researched look at our agriculture and food system... Real Dirt is a must read for anyone who is actually interested in learning about and discussing how to improve our food system for the long term."- Rob Hannam, Owner, Synthesis Agri-Food Network