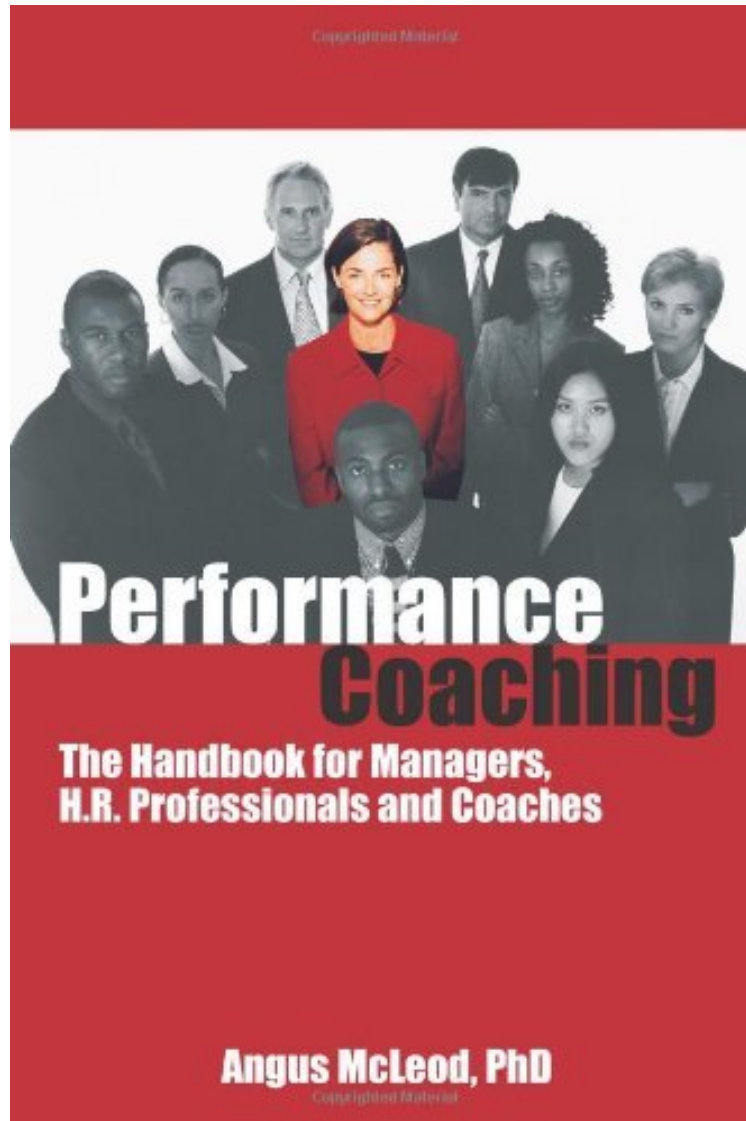


Performance Coaching: The Handbook for Managers, HR Professionals and Coaches

Angus McLeod

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Angus McLeod : Performance Coaching: The Handbook for Managers, HR Professionals and Coaches before purchasing it in order to gauge whether or not it would be worth my time, and all praised Performance Coaching: The Handbook for Managers, HR Professionals and Coaches:

1 of 1 people found the following review helpful. A very helpful practical book about coaching By Judy Barber Whether or not you are new to coaching this is an important book. I read it when starting out as a coach in 2003. Re-reading it I realise how much I learned that easily became second nature. Because coaching is about creating a good

space for the coachee/client it can feel as if there is not much to it. The client/coachee does it all. But it is the 'not much' that is important, the attentive respectful listening and the well-timed good questions with so much skill behind them. Angus quite rightly says '...the skills of the coach can be more of away of "being"' than a package of skills used for coaching intervention.' And it is crucial to keep learning and revising your skills in order to make the most of your own way of being as a coach. In 'Performance Coaching' Angus McLeod teaches through dialogues between himself as coach and different coachees. This brings life to the techniques. The examples are from coaching at work, but are just as useful for freelance life coaches and others who wish to master coaching skills for professional helping conversations. You can see exactly how gentle questions enable coachees to find new understanding and confidence, and how people become able to identify practical steps. Everything Angus does as coach is explained in accompanying linguistic tips, tools and interventions, so you can easily transfer skills into your own work. He includes NLP, story-telling, 'Clean' metaphor work and much else which is valuable to know for coaching. Buy 'Performance Coaching', read it, re-read it and make good use of a very thoughtful and practical book. Judy Barber, author of Good Question! The Art of Asking Questions to Bring About Positive Change. Coach, Clean facilitator and Workshop leader

If you are involved in business training or coaching, this really is the only book you will ever need. Before now, coaching was a muddle of single-model approaches, so finding the right model to get the best results was never certain. In Performance Coaching, Dr. Angus McLeod brings together the fundamentals of all the best practices in coaching and builds up from this foundation. Unlike so many of the coaching books already on the market, this book is for the coaches, not for the clients. Fast, accessible and clearly written, Performance Coaching is comprehensive and rich in real examples of real executives achieving real success in real-life situations. Experienced coaches will find important tips and tools to enhance their practice, and novices will find the book a gold-mine of ideas.

'Angus McLeod's book is brilliant and a must-read for all who have the responsibility of leading or managing other people' (Richard Denny, Author and Chairman of The Richard Denny Group) 'Performance Coaching by McLeod will become one of the foundational books' (L. Michael Hall, Ph.D. NLP 'guru' and author) 'This is stuff you can use. Examples are both inspiring and reassuringly practical' (Julian Russell, Managing Director, PPD Consulting Ltd and author) 'This is a book of wisdom and experience, informed (but not dominated) by a deep and thoughtful understanding of NLP frameworks and practices' (Professor David Megginson, Sheffield Hallam University) 'Angus has done excellent work, elegantly integrating and adapting the skills of Neuro-linguistic Programming into the process of Coaching' (Shelle Rose Charvet, author of Words That Change Minds) 'A superb insight into the skills we require to become an effective coach' (Mike Palmer, Managing Director of Professional Training Solutions) 'This book contains a wealth of knowledge on its subject' (Carol Harris, Editor, Effective Consulting; author and former Chair of the ANLP) 'You cannot help but be an even better coach for reading it. It has to be currently the most accessible and valuable coaching text around' (Will Thomas, Director Vision4Learning) 'An immensely practical aid to coaching' (Anne Thompson, HR Director, Parity) 'Performance Coaching is an in depth overview of the whole field of coaching and mentoring. We highly recommend this book' (James Lawley and Penny Tompkins, authors) 'The author has achieved the near-impossible - this title deserves to sit alongside the very limited number of internationally respected books on coaching' (David Hoad, Director, The Kingsmoor Consultancy) From the Author This book is written to illustrate real coaching-conversations for real issues and desired goals. This readable style of presentation makes the text read more like a novel, than an endless slog! These are issues and desires that the people who need your help are facing. By reading through, you can identify and become involved with real people. Where there is more to explain, these are posted in boxes, so you can stay with the text or story without interruption; you can come back to any deeper information when you are ready, not when an author thinks you are! All the stories, issues, goals, coaching-tools, references and names used in the stories are x-referenced to allow you easy access to anything you read earlier but now need quickly to help someone with the exact issue. This book is a wonderful way to access powerful thinking and technique, to transform the performance and well-being of others. About the Author Angus McLeod, PhD is a well-known and respected coach through his work with individuals, teams and professional coaches. He is widely published on coaching and team development issues around the globe. He is a Wharton Executive Coach and Faculty coach at U.Penn., and runs leadership workshops at Temple Fox School of Management and elsewhere. He is Visiting Professor of Coaching at Birmingham City University and a PhD Research Supervisor. Angus is Principal of the Coaching Foundation, having designed web-based courses with over 20,000 graduates, and Coaching apps for Leaders via Gnowbe, that are at the leading edge of learning for executives on the move.