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Robert Bolton


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People Styles at Work

Making Bad Relationships Good
and Good Relationships Better



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Robert Bolton : People Styles at Work: Making Bad Relationships Good and Good Relationships Better before purchasing it in order to gauge whether or not it would be worth my time, and all praised People Styles at Work: Making Bad Relationships Good and Good Relationships Better:

This text asserts that it is possible to overcome personality conflicts by understanding other people's differences instead of merely reacting to them emotionally. It presents a behavioural science model for understanding four different "people styles", and explains how readers can: identify their own style and how they appear to others; relate effectively - no matter how others react to them; create common ground with different people while retaining their own individuality; and evaluate other people's "people styles" and discover how to "flex" their style to match.