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Dare, Dream, Do: Remarkable Things Happen When You Dare to Dream

Whitney Johnson

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Whitney Johnson : Dare, Dream, Do: Remarkable Things Happen When You Dare to Dream before purchasing it in order to gage whether or not it would be worth my time, and all praised Dare, Dream, Do: Remarkable Things Happen When You Dare to Dream:

6 of 6 people found the following review helpful. an incredible book with power to alter the course of your lifeBy M. MauerAs I started reading, I sort of guessed that the introductory section might not be as helpful because I'd realized quite a few personal dreams but I loooved it!As women we have dreams of happy homes, marriages full of love and

perhaps work that serves as an expression of what we value and will have a good effect on our community. Often in conversations with friends, we talk about those things. The encouragement this book provides - as well as the tactical path to making our deepest hopes and dreams come to life and stop laying dormant is incalculable and I am grateful that someone I adore has made it happen. I'm grateful for an internal compass that guided me towards creating work and the effect that has on my life. I see this exquisite book whispering the same message to those who read it. I'm grateful for cheerleaders - and if you need one for your dream, I submit that Whitney Johnson is on the job. warmly, - melanie mauer-0 of 0 people found the following review helpful. This is for men too By Garcia I almost didn't read this book because I saw that it was for women. Because this is about dreaming I chose to proceed. I'm so glad I did. This helped me to understand so much of what women go through with the pressure of wanting to become a wife, and mom, while also trying to pursue their career. It also helped me to seek and pursue my own dreams. Great book! 0 of 0 people found the following review helpful. Date Your Reinvention Dreams By Kathryn Sollmann This is a review of Dare, Dream, Do that I posted on my 9 Lives for Women site, [...]. Harvard Business Review blogger Whitney Johnson caught my attention when she tweeted her concept of "dating your dreams". This makes sense to me because reinvention is so often making a dream happen--if you have the clarity and the stamina to bring all the fuzzy edges into focus. Dating your dreams--trying them out a little and living with them a while before you decide on a career change--takes a lot of the fear and risk out of a transformation. Whitney has written an entire book about how to materialize work and life dreams, and I encourage you to read her inspiring manifesto: Dare, Dream, Do. In her words, dreams that you "ink" (not just "think") take on greater possibilities. She encourages dreamers to make lists of reinventions they are pondering: "I imagine note cards tacked to a large cork board, each card with a word or phrase describing a potential dream written on it. This is your pool of dreams. Maybe you already have a favorite, a dream that you know you want to pursue wholeheartedly. Or maybe, like me, you have a dozen half-formed dreams that you want to try on. At this point you must give yourself time to explore--to take a dream out for a test drive." Whitney acknowledges that meandering test drives can be difficult for perfectionists: "...Which is why I believe in dating dreams...when we give ourselves permission to date dreams with a no-commitment clause it is really quite liberating." The dating concept takes dreams beyond the imaginary into exploratory dabbling and follow-up. So on Whitney's cue, here are some dreams that I'll ink, not just think: Write a book that offers "Vitamin C" confidence building tips in each of my 9 Lives for Women (actually underway!) Create a call-in radio show that helps women navigate the many stages of work and life from college through retirement years Find a way to join forces with influential women to advance family-friendly workplace legislation. Those are a few of mine...so which of your dreams are you willing to ink, not just think? Whatever they are, Whitney tells us that we must be serial dreamers, dabblers and explorers willing to give up less than optimal ideas and get on with new dreaming: "When we fall off the saddle of our possibilities, we need to get right back up." --Kathryn Sollmann

Whitney Johnson, popular Harvard Business Review blogger, has a goal: to help us identify and achieve our dreams. Her belief is that we can each achieve greater happiness when focusing both on our dreams and on other people in our lives. In this inspiring book, Johnson directs her attention to teaching women, in particular, a three-step model for personal advancement and happiness. She first encourages us to DARE to boldly step out, to consider disrupting life as we know it. Then she teaches us how to DREAM, to give life to the many possibilities available, whether to start a business, run a marathon, or travel the world. She shows us how to "date" our dreams (no need to commit!) and how to make space for dreams. Finally, Whitney's model brings out the businesswoman in her; she teaches us to DO, to execute our dreams. She showcases the importance of sharing dreams with others to give them life, creating your own "dream team." Rich with real stories of women who have dared to dream, DARE, DREAM, DO offers a practical framework to realize one's true potential. In her mid-twenties, Whitney found herself in New York, where she landed a secretarial job on Wall Street. With no relevant experience, and a bit shy on confidence, she contemplated her future and her dreams. Through determination and hard work, Whitney became an investment banker, moving to the analyst side of the business, executing the plans she'd laid out for herself. Naively, she thought most women were following similar paths until she started talking and found that many women were not daring to dream at all. It was because of these conversations that she started a blog in 2006, which became the inspiration for this book. DARE, DREAM, DO is full of remarkable stories of women, which will no doubt inspire others to follow suit. Although Whitney focuses on the stories of women, her blog is popular with men as well, and her advice speaks to either gender.

In Dare, Dream, Do, Whitney Johnson explains, in manageable, concrete terms, how to identify and pursue the possibilities to build a happier life.... Johnson's book explains not only why, but how to take those steps with full confidence and success. Gretchen Rubin | New York Times best-selling author of The Happiness Project I read Dare, Dream, Do with a highlighter clenched between my teeth and a pad of sticky notes in my hand. Whitney Johnson has written a book that is hopeful, honest, and beautifully written.... the amazing stories make dreaming accessible without diminishing its power or magic. Brene Brown | Ph.D.,

LMSW, author of *The Gifts of Imperfection* "As an accomplished business leader, Whitney Johnson acutely understands how to translate ambitions into action. *Dare, Dream, Do* not only ignites the courage to pursue your aspirations, but also serves as a powerful guide to achieve what once may have seemed out of reach." [Moira Forbes | publisher ForbesWoman](#) "Dare, Dream, Do belongs in every success toolkit. Business leader and master storyteller, Whitney Johnson shows how remarkable things happen when we dare to claim our strengths, own our dreams, and do what we're meant to do. A fabulous guide for business and for life." [Liz Strauss | business strategist and author of Successful-Blog.com](#) "Whitney Johnson maps out a masterpiece for women that is filled with wisdom, strategies, fascinating stories, and all that matters most in life. *Dare, Dream, Do* is an incredible book. I want to give this book to every woman I know." [Lolly Daskal | President and Founder of Lead From Within: Heart based Leadership for Work and Life](#) "Rethink the fundamentals of your life. Disrupt your status quo. That's Whitney Johnson's invitation (and challenge) to each of us. *Dare, Dream, Do*. I urge you to accept her invitation." [Clayton M. Christensen | professor, Harvard Business School and best-selling author](#) "Dare, Dream, Do is hopeful, honest, and beautifully written, making dreaming accessible without diminishing its power or magic." [Brene Brown | Ph.D., LMSW and author of The Gifts of Imperfection](#) "Every night before I fell asleep my mom would say to me, 'you can do anything you want to as long as you put your mind to it.' *Dare, Dream, Do* is inspiring and eye-opening. Whitney is reminding us how important it is to dream at any age." [Summer Sanders | Olympic gold medalist swimmer, sports commentator and reporter](#) "Read this book for your soul and read it for your future! Join Whitney on an inspired journey toward realizing the power and potential in yourself... Learn how to catalog your talents and channel them toward a thrilling future. Then start dreaming BIG." [Betsy Morgan | former CEO The Huffington Post, and president of The Blaze](#) "There are just a few books where you want to read every single word. *Dare, Dream, Do* by Whitney Johnson is one of those rare books. Every page is filled with stories, with wisdom, and with unusual insights that inspire and guide us in how to dream..." [Ellen Galinsky | President, Families and Work Institute, Author, Mind in the Making](#) Clayton Christensen is the world's leading thinker on innovation and the New York Times bestselling author of *The Innovator's Dilemma*, the only business book that Apple's Steve Jobs said "deeply influenced" him. Most recently, he is the author of *How Will You Measure Your Life?*, an unconventional book of inspiration and wisdom for achieving a fulfilling life. Read his exclusive guest review of *Dare, Dream, Do*: Every semester at Harvard Business School, on the last day of class I deliver a lecture, not on building and sustaining a successful enterprise, but rather on building and sustaining a happy life. I often start with something like, "In just a few months you'll graduate and embark on what to many, including your selves, will be prestigious, lucrative, high-profile careers. But if you want to also have happy lives, you need to know the purpose of your life. Take the time, even if it's at midnight each night, to figure out what you are meant to do. Or in the words of my colleague Howard Gardner, learn to cultivate existential intelligence, or the ability to make meaning of life." One of my personal missions is to inspire others to discover their purpose in life. As such, what started as a lecture has now become a book I co-authored with James Allworth and Karen Dillon. While our book focuses on individuals across the board, Whitney Johnson's book *Dare, Dream, Do* further drills down on the topic by thinking through the question of how do women build a happy life. Through powerful storytelling, she dares women to rethink their current fundamentals, to measure their life by the only yardstick that matters — what she specifically is meant to do, including the importance of teaching her children to dream. The book then moves to provide women with specific tools for identifying what it is they were meant to do, recognizing that creating a meaningful life emerges from answering the deepest questions about our life's purpose. It concludes with the injunction to simply begin. It may be frightening at first. There will be much that you can't predict. But it is only in the doing, that you can ultimately build and sustain a happy life. For anyone who has pondered the question, "what should I do with my life," for anyone who is seeking fresh inspiration, advice and tactics, I recommend *Dare, Dream, Do*. Whether your purpose is to circle the globe or draw your family circle, *Dare, Dream, Do* helps make that discovery possible.

About the Author Whitney Johnson dared to dream when she began her Wall Street career as a secretary. With courage and persistence, by her forties she had risen to become an Institutional Investor-ranked sell-side analyst at Merrill Lynch. Whitney is the president and co-founder of the investment firm Rose Park Advisors, a regular blog contributor for the Harvard Business Review, and her blog, *Dare to Dream*, is ranked #6 in Marcus Buckingham's "Top 10 Management and Leadership Blogs." Whitney is a frequent panelist and speaker and often appears in print media, such as the New York Times and the Boston Globe, as well as broadcast media. Whitney invests in people while she invests in the market. Having invested in her own dreams, Whitney is passionate about encouraging others to take stock in theirs. She and her husband reside with their two children in Boston, Massachusetts.